

Prayer of St Benedict

O gracious and holy God, Give us wisdom to know you, Intelligence to understand you, Diligence to seek you, Patience to wait for you, Eyes to behold you, A heart to meditate upon you, A life to proclaim you. To the power of the Spirit of Jesus Christ, Amen.

Blessing May we see the face of Christ in others. Amen

May we listen to others with the ear of our heart. Amen.